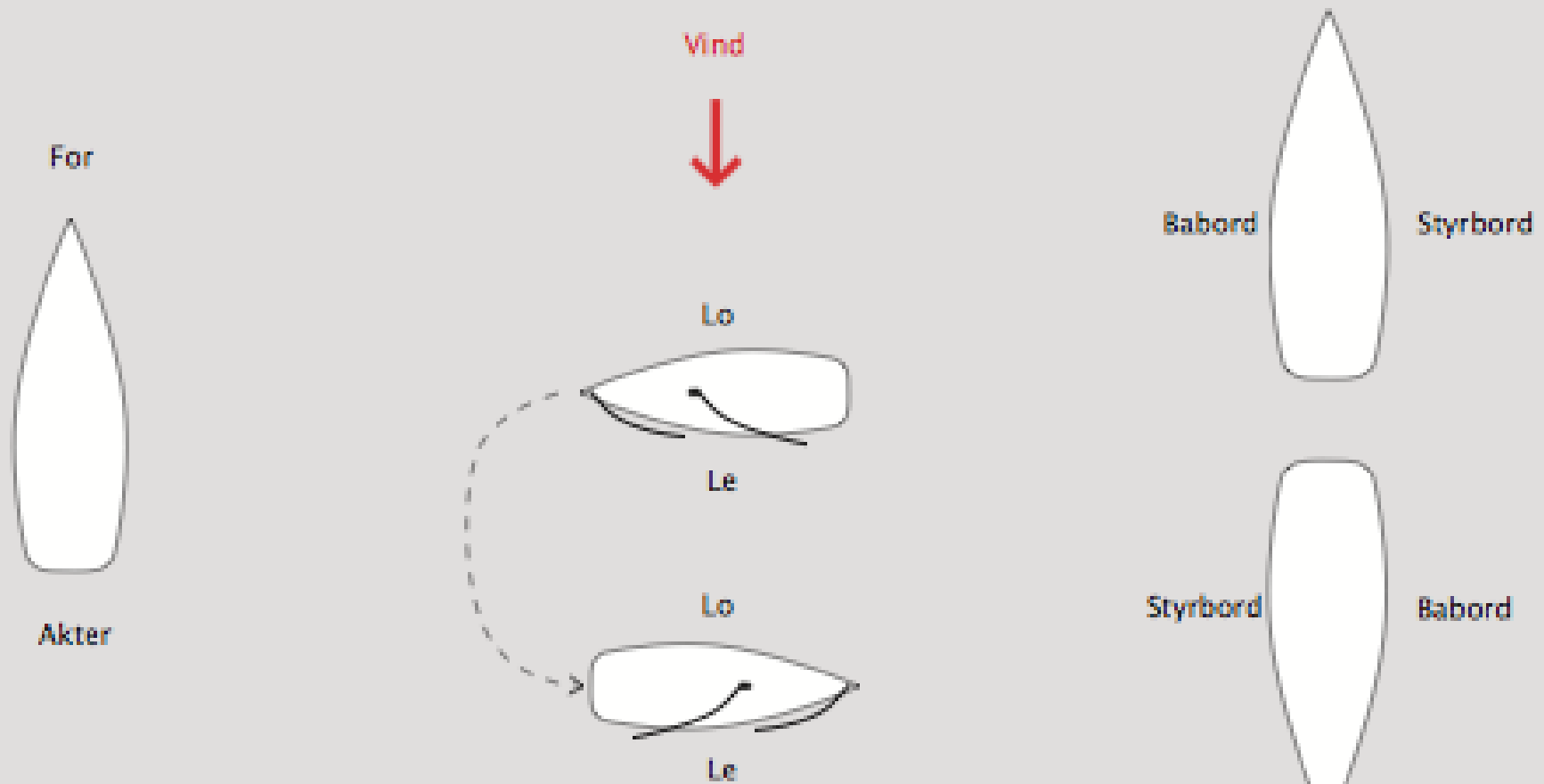


# Velkommen som seiler!



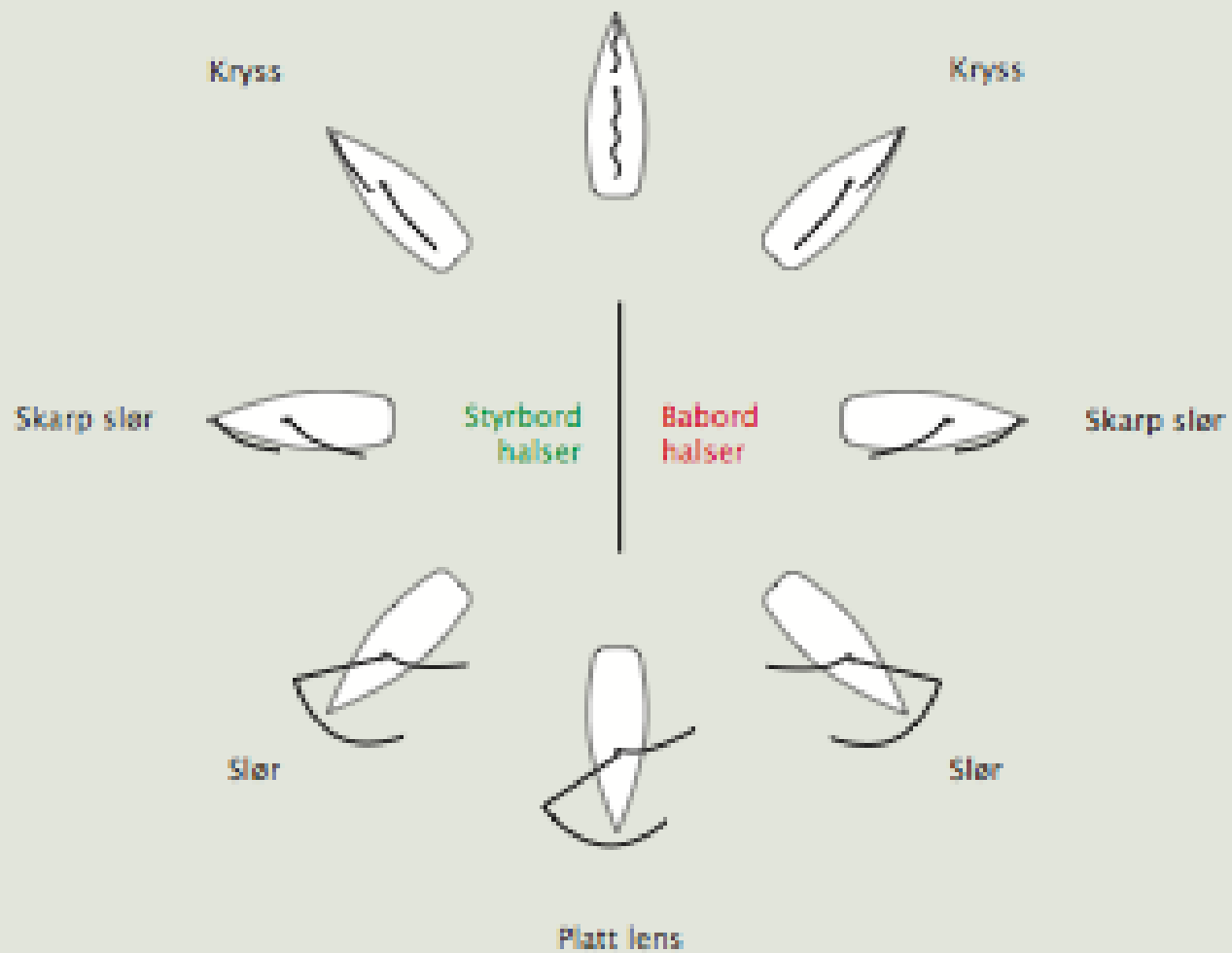
# Retninger til sjøs



Vind



Vindøyet/Slag



# Storseil



# Fokk/Genoa



# Spinnaker



# Gennaker





⌘ Fall



⌘ Skjøter



⌘ Trimliner





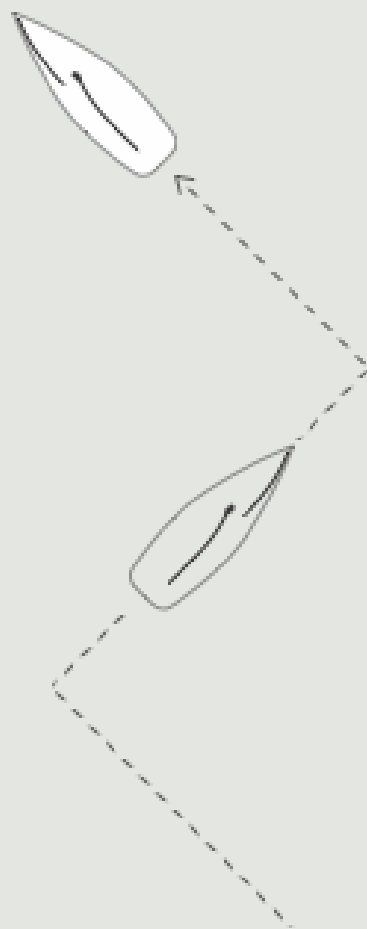
Hva gjør man?



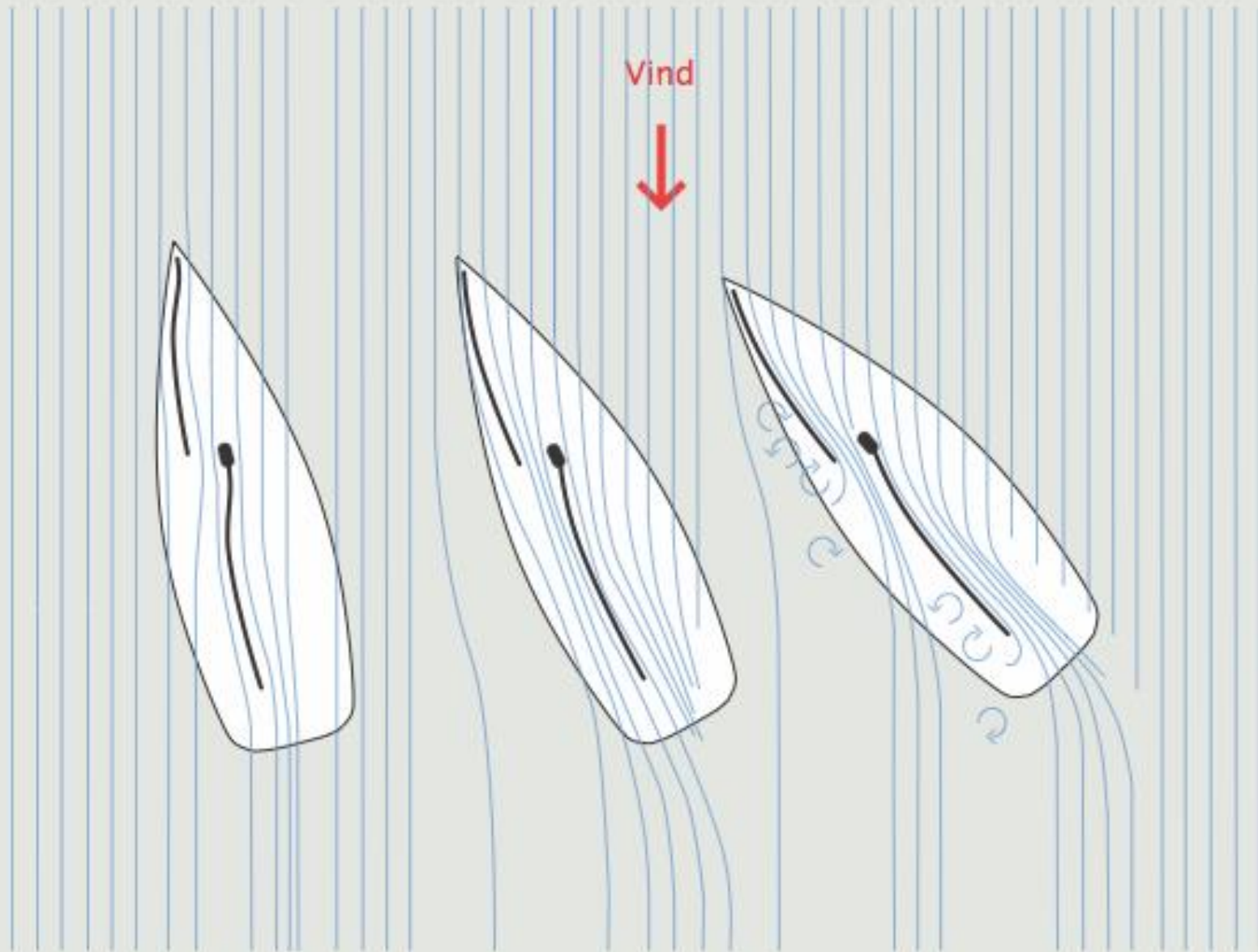
Vind



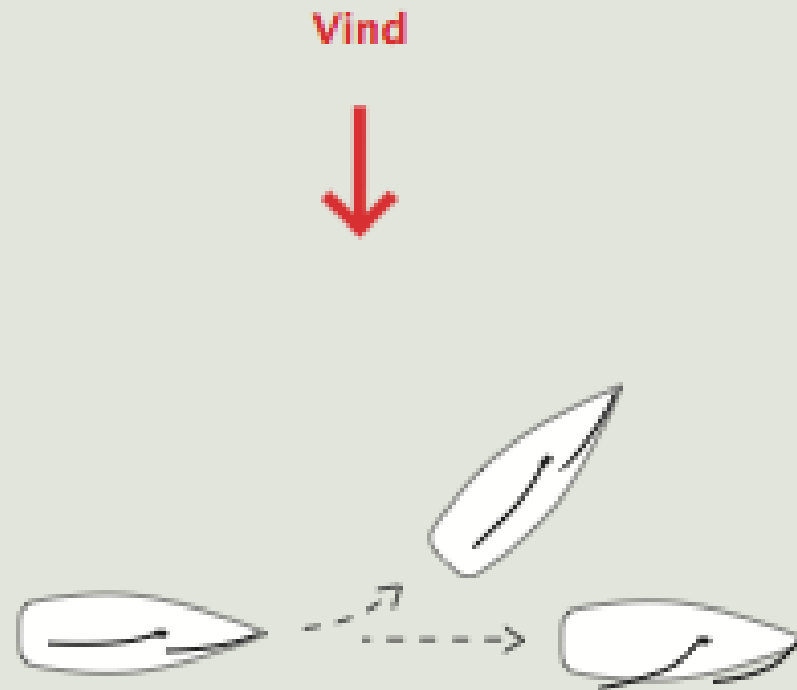
Seile mot vinden?



# Kryssvinkel



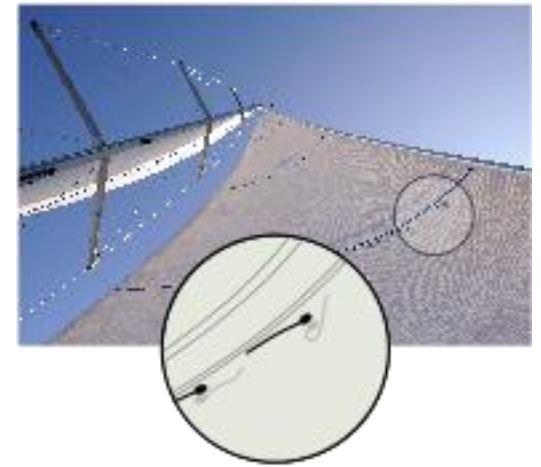
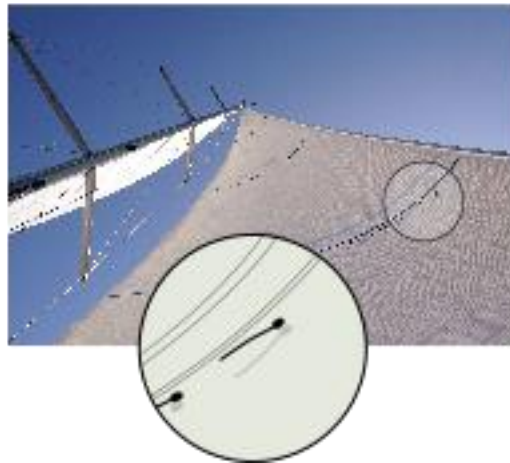
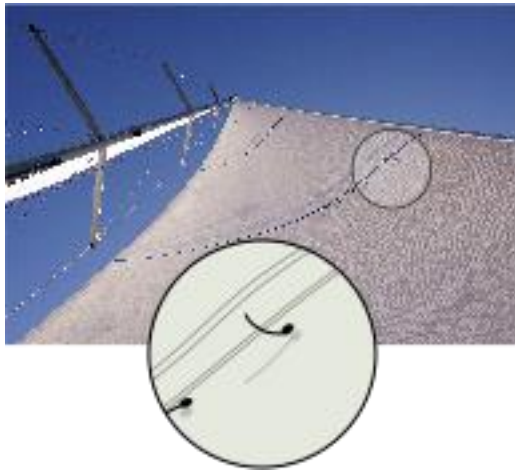
# Styre eller skjøte?



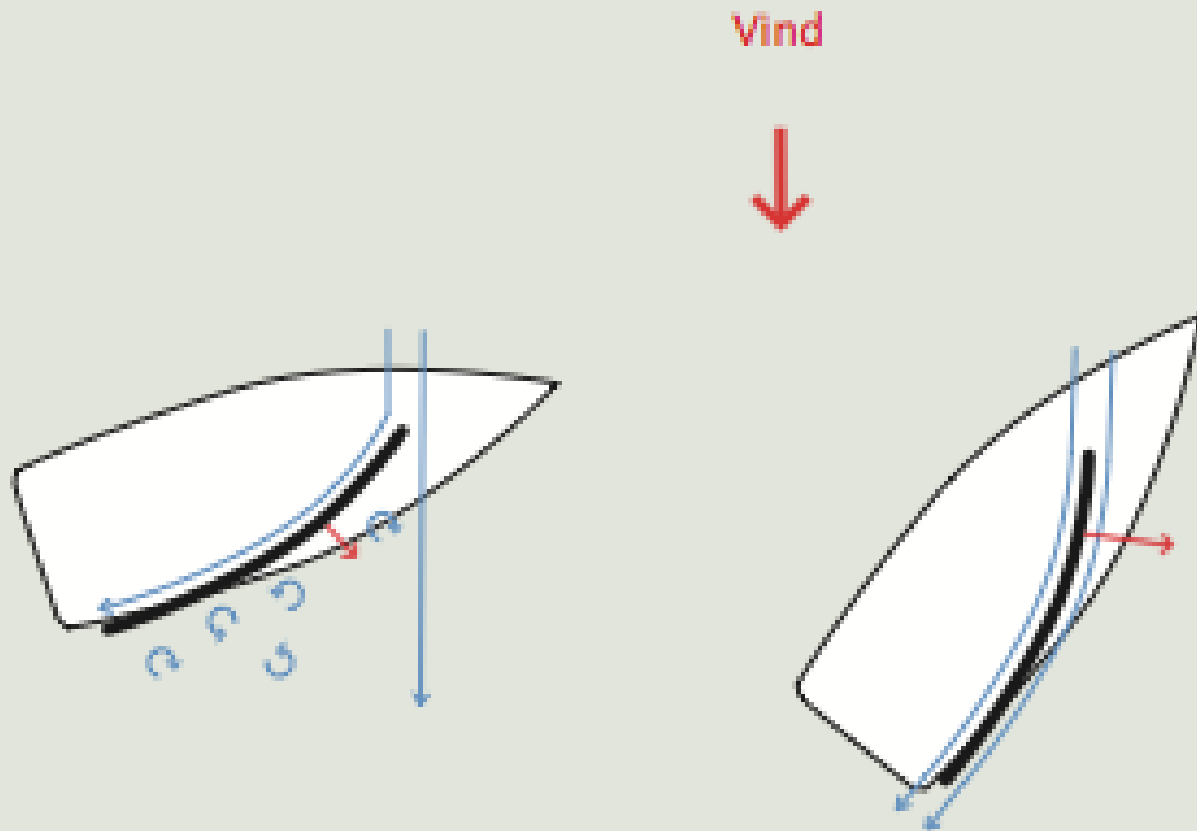
Hva er Lus?



# Styr etter lusene:

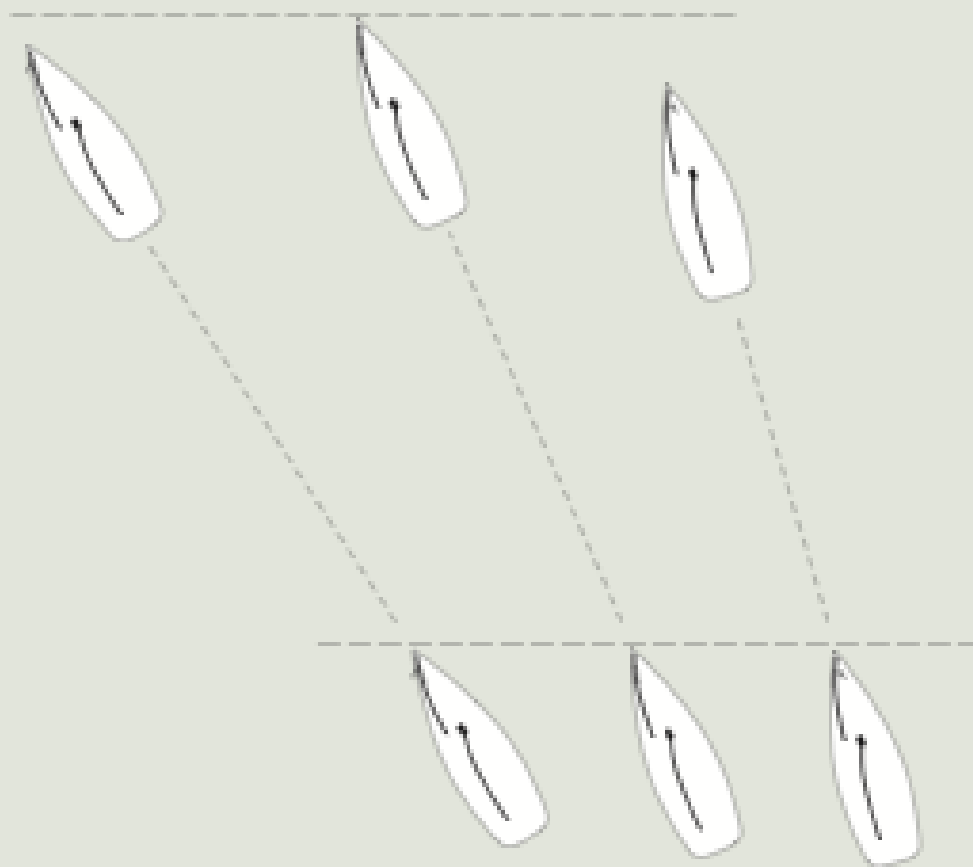


# Laminær luftstrøm



# Fart vs. høyde

Vind





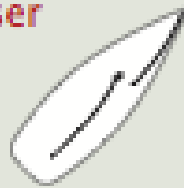
# Hva heter det?



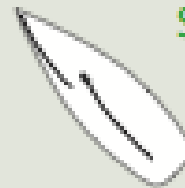
Vind



Babord halser



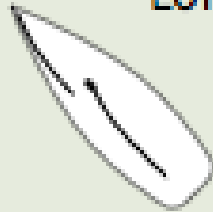
Styrbord halser



Vind



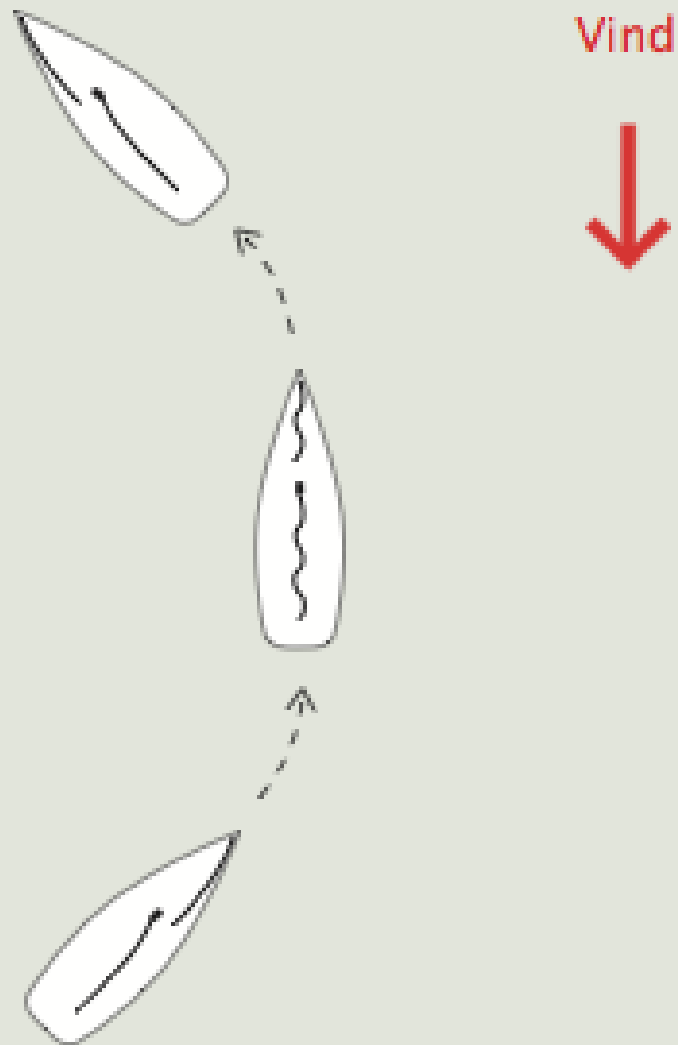
Loffe



Falle av



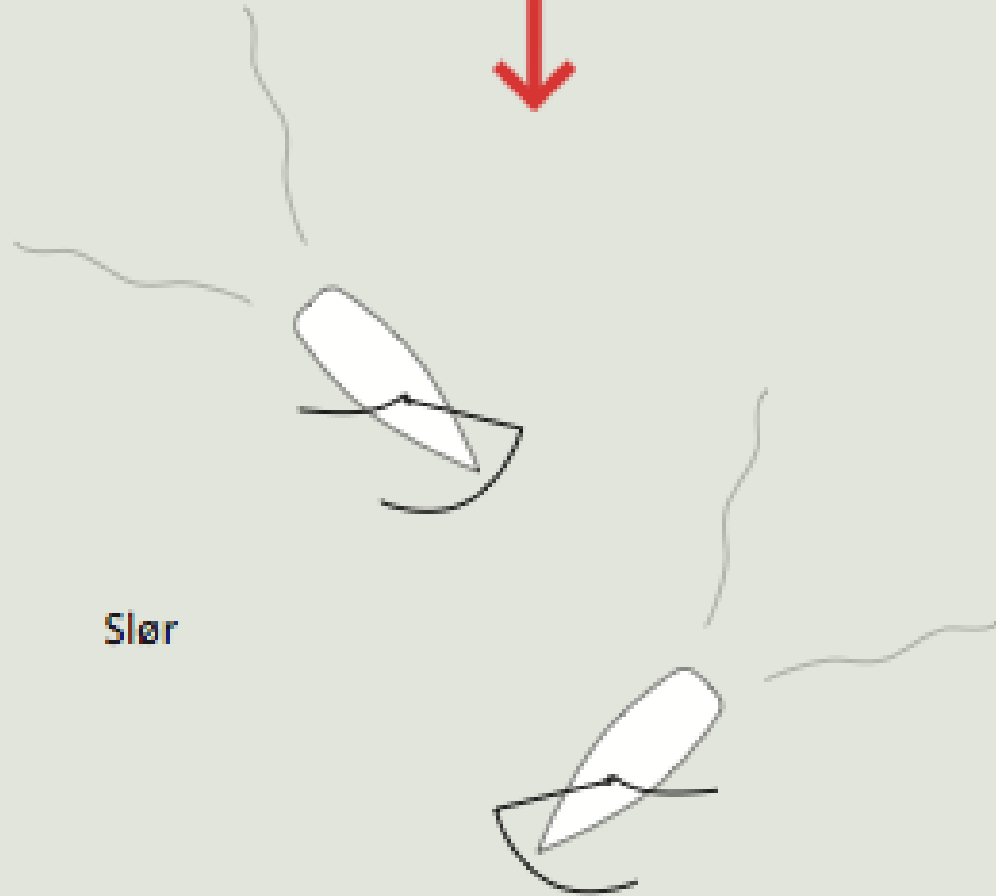
# Slag



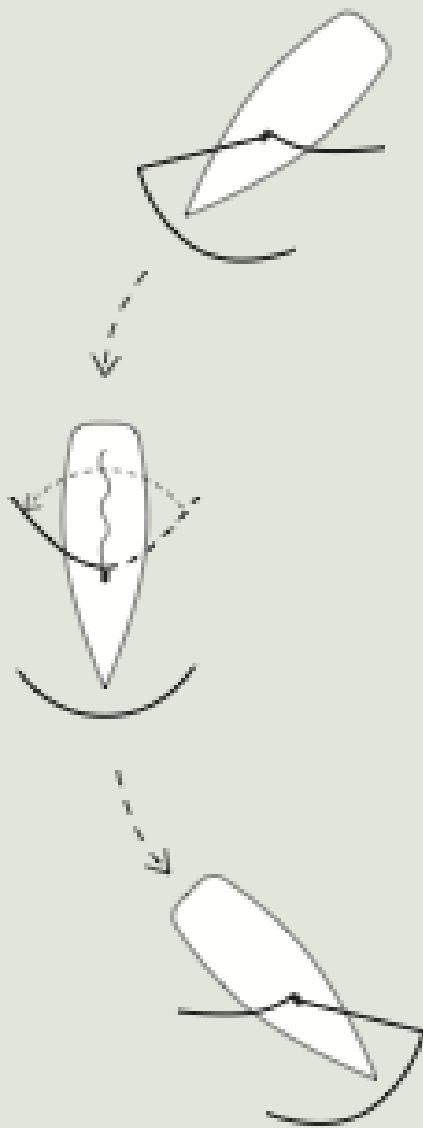
Vind



Slør



Vind



Jibb



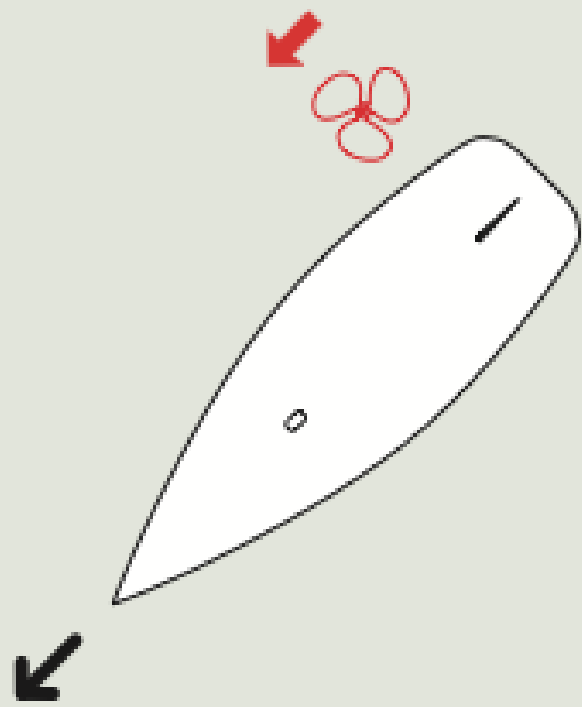
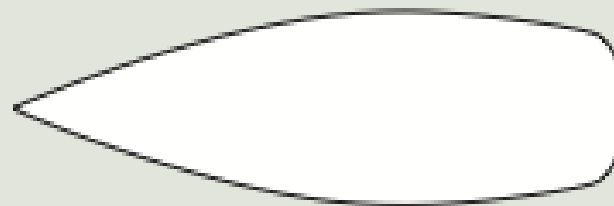
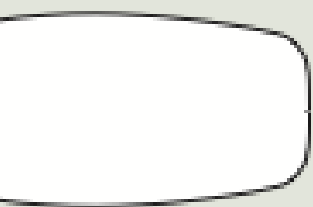
Lens

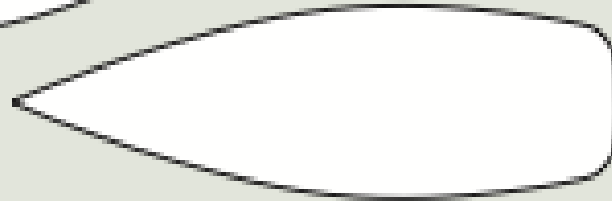
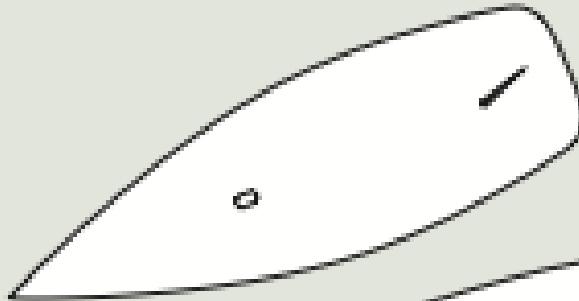
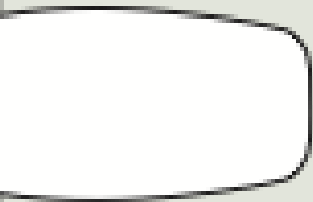


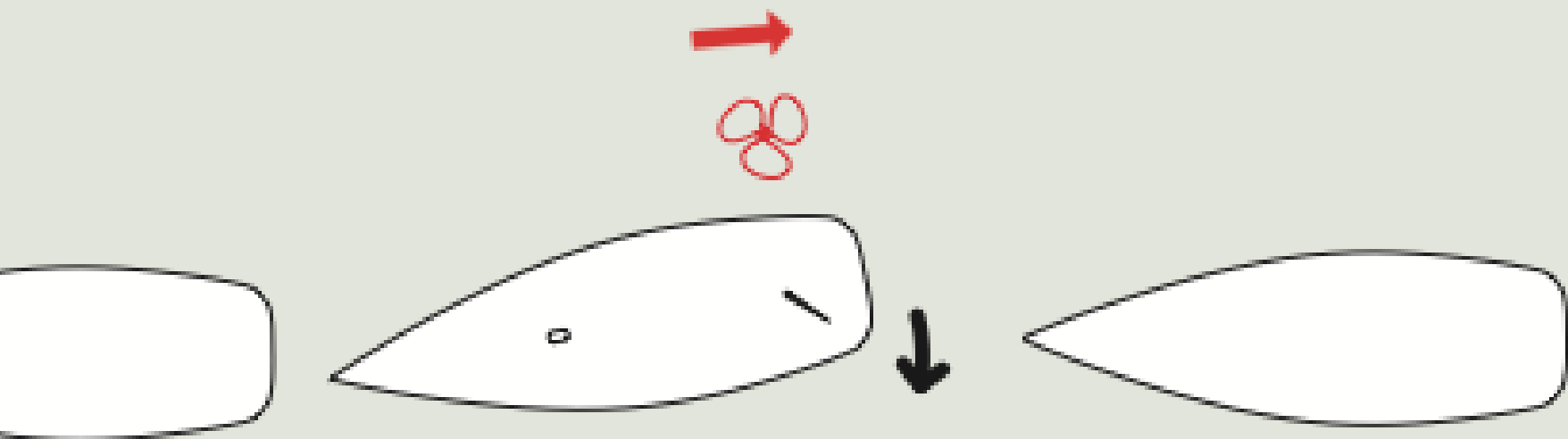
# Havnemanøvrering og fortøyning

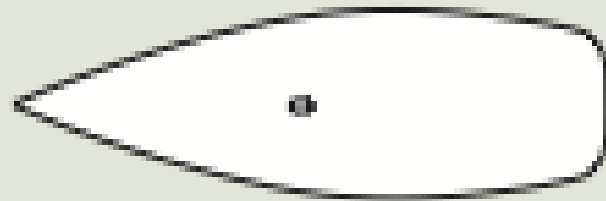
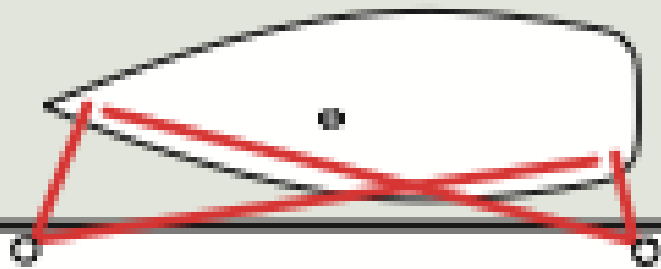






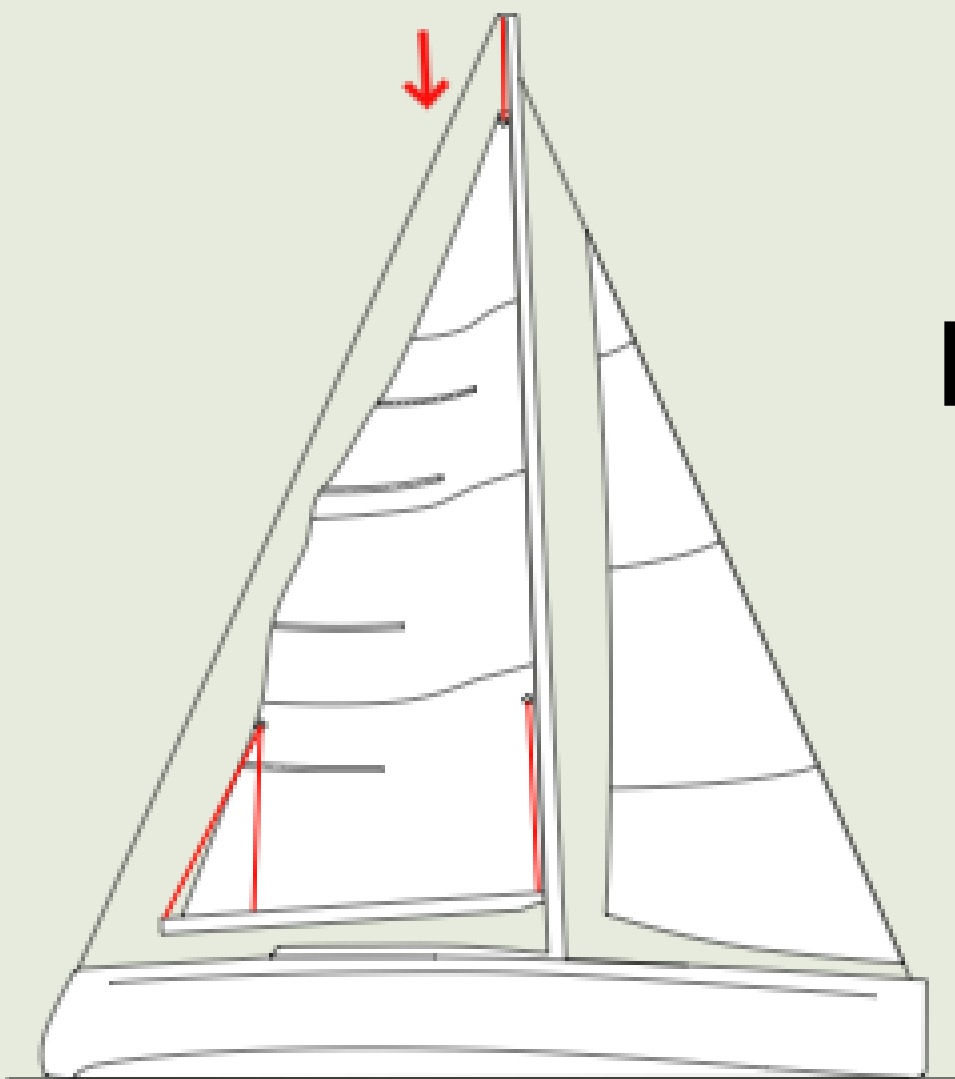






Reve storseil?

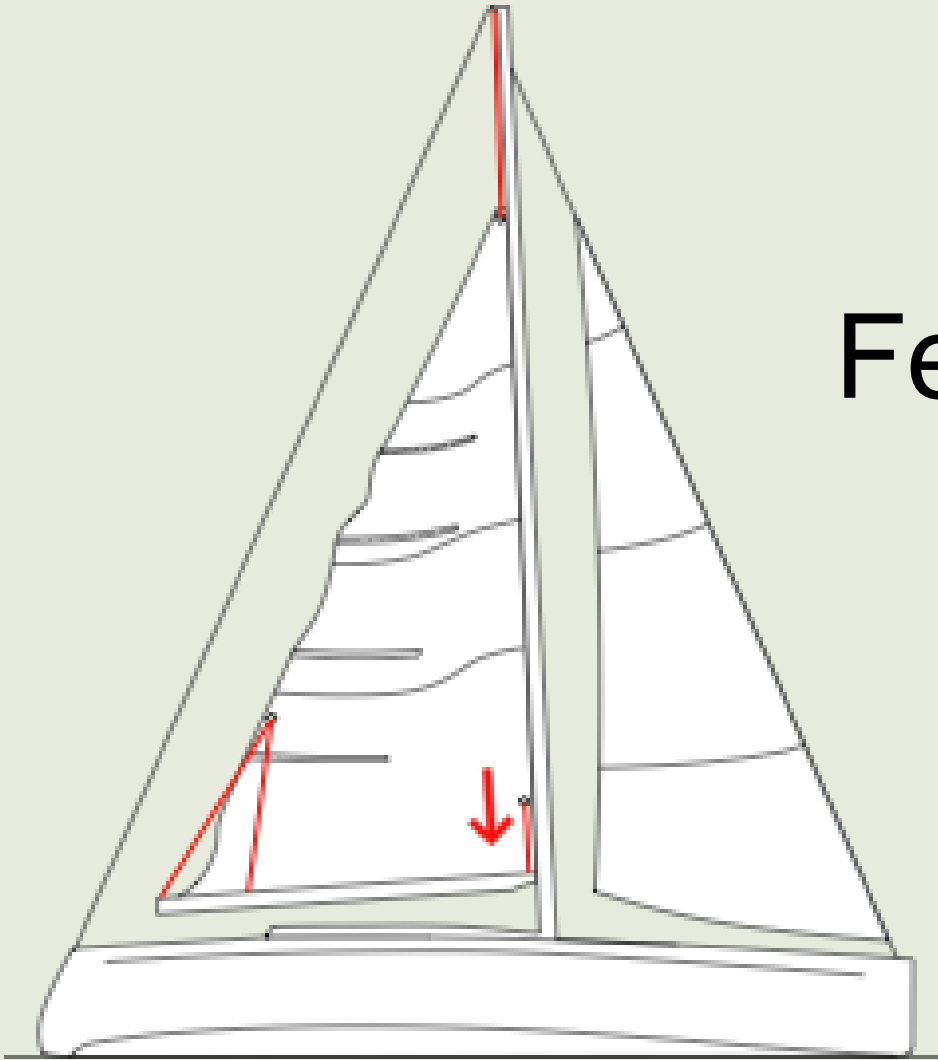




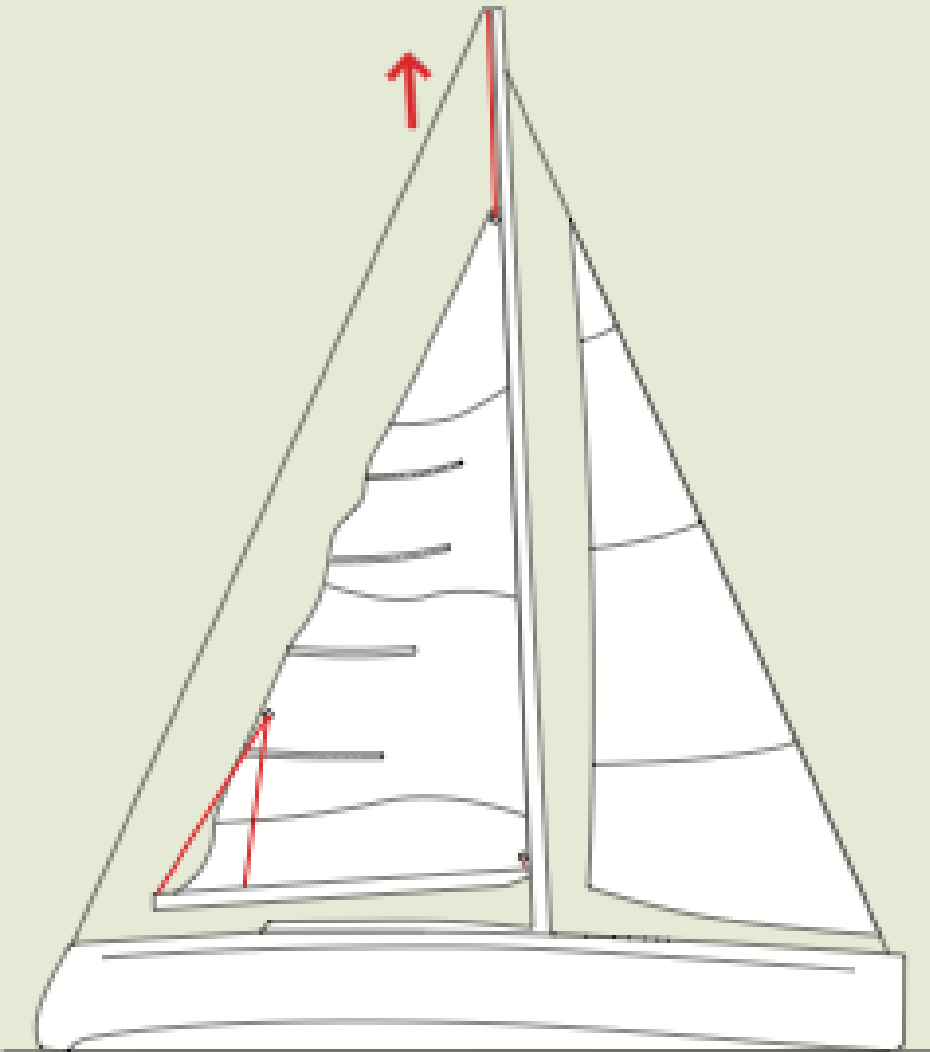
Løsne fallet



# Fest revemaljen

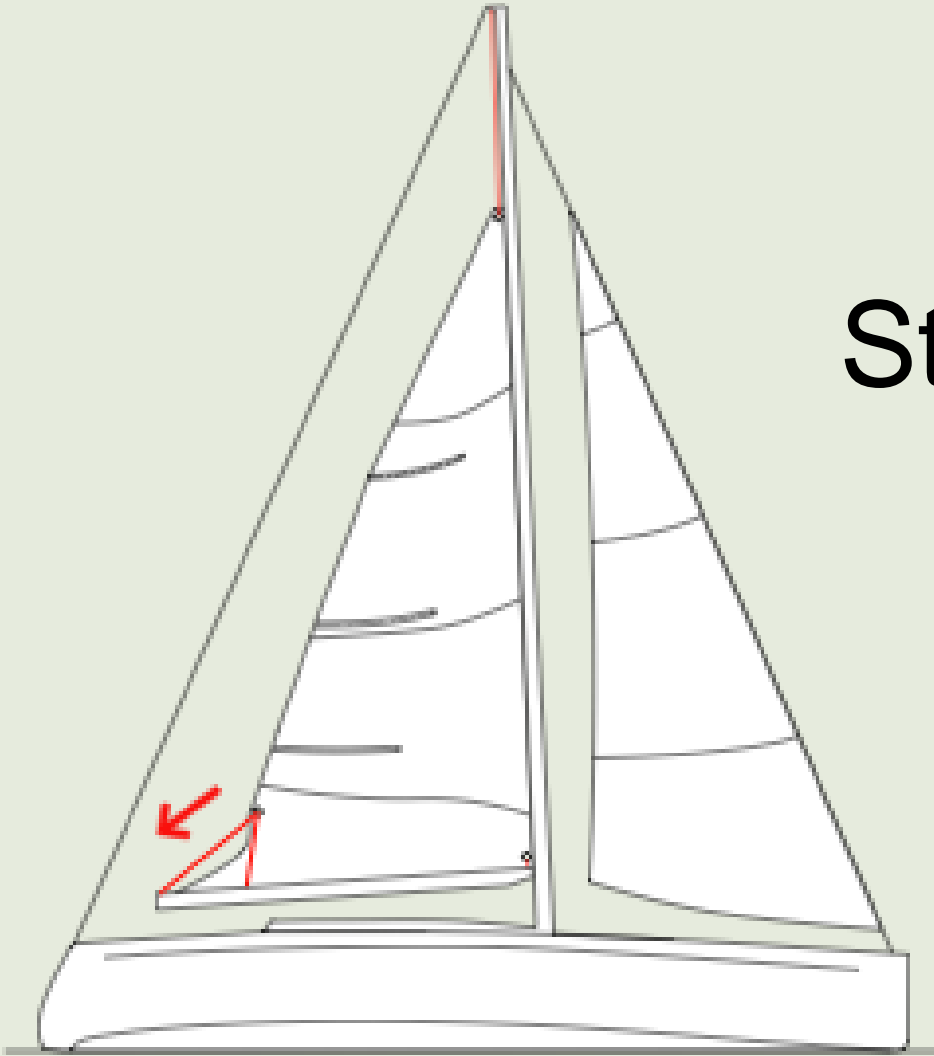


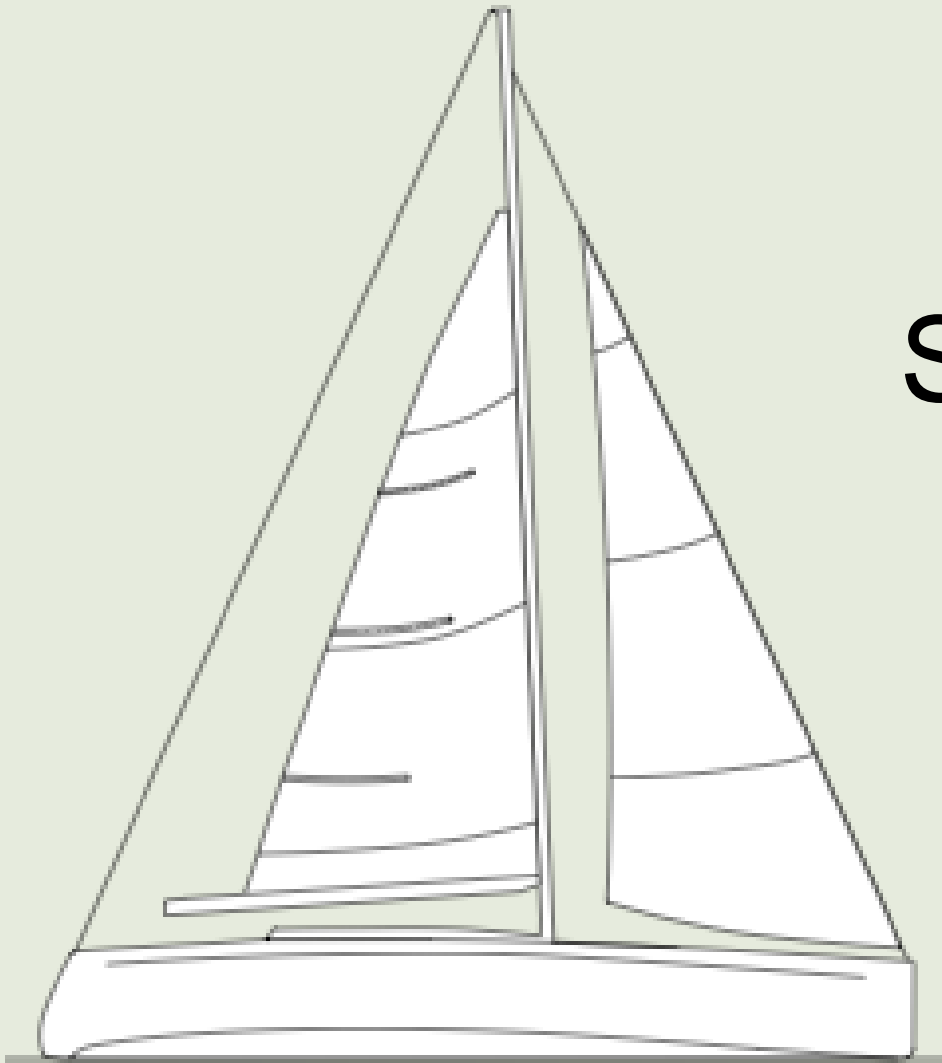
# Stram fallet





# Stram revelinen





Seil videre :-)





- ⊗ Ikke fall i vannet
- ⊗ Ikke få bommen i hodet



# Quick stop!



# Regattaseiling



Entype



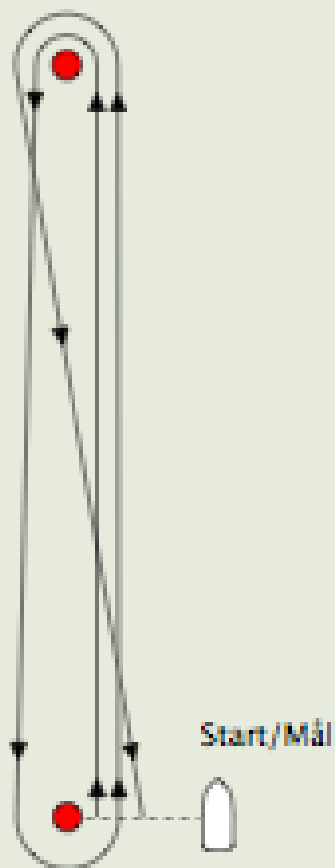
# Handicap



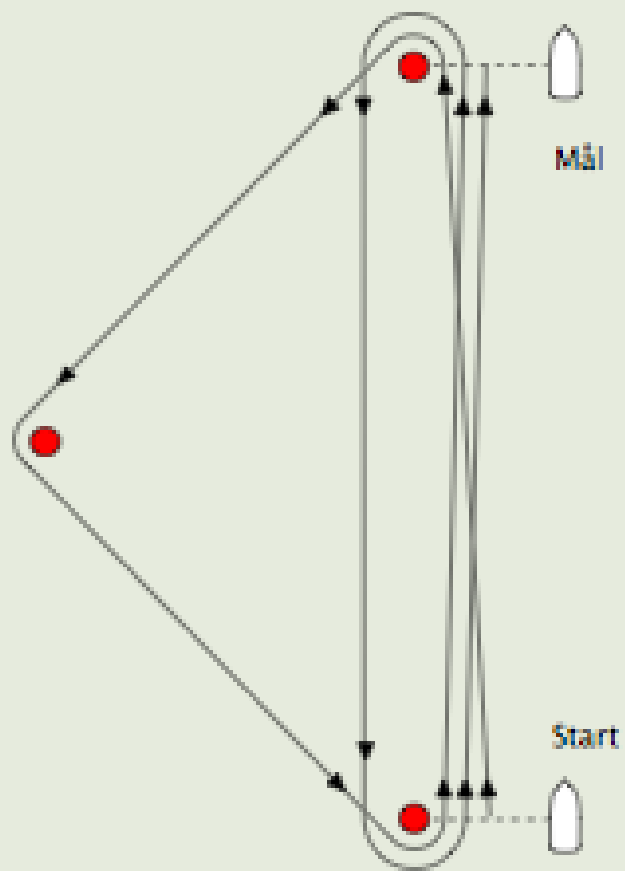
Vind



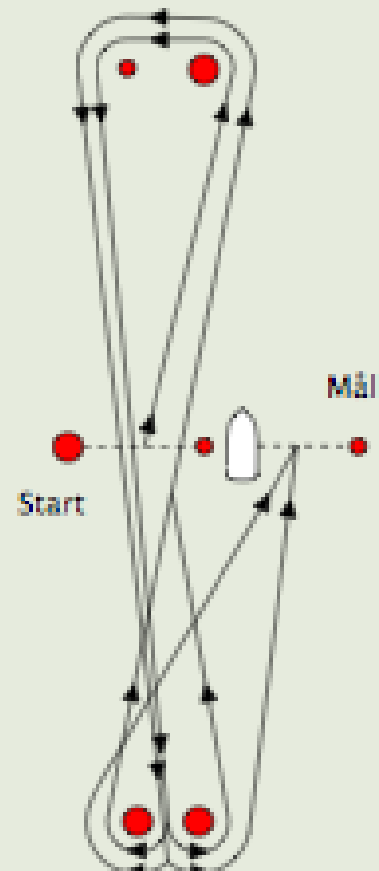
# Baner



Pølsebane



Trekantbane



Pølsebane m/gate



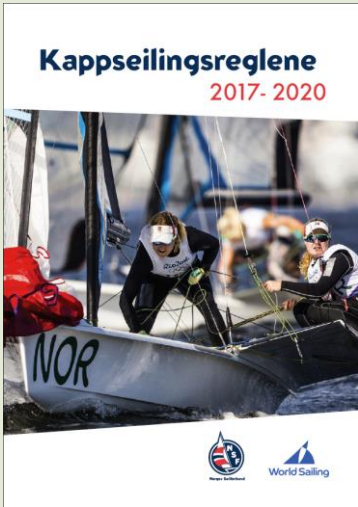


# Faste merker



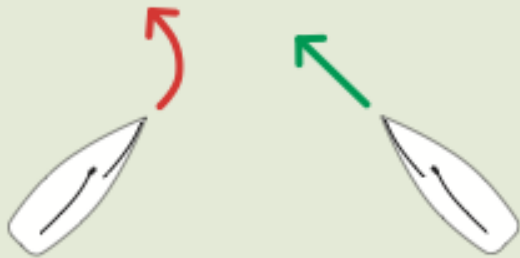
# Startprosedyre





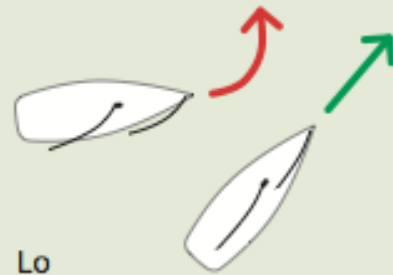
# Kappseilingsreglene

Vind



Babord halser

Styrbord halser



Lo

Le



# Spinnaker og gennaker



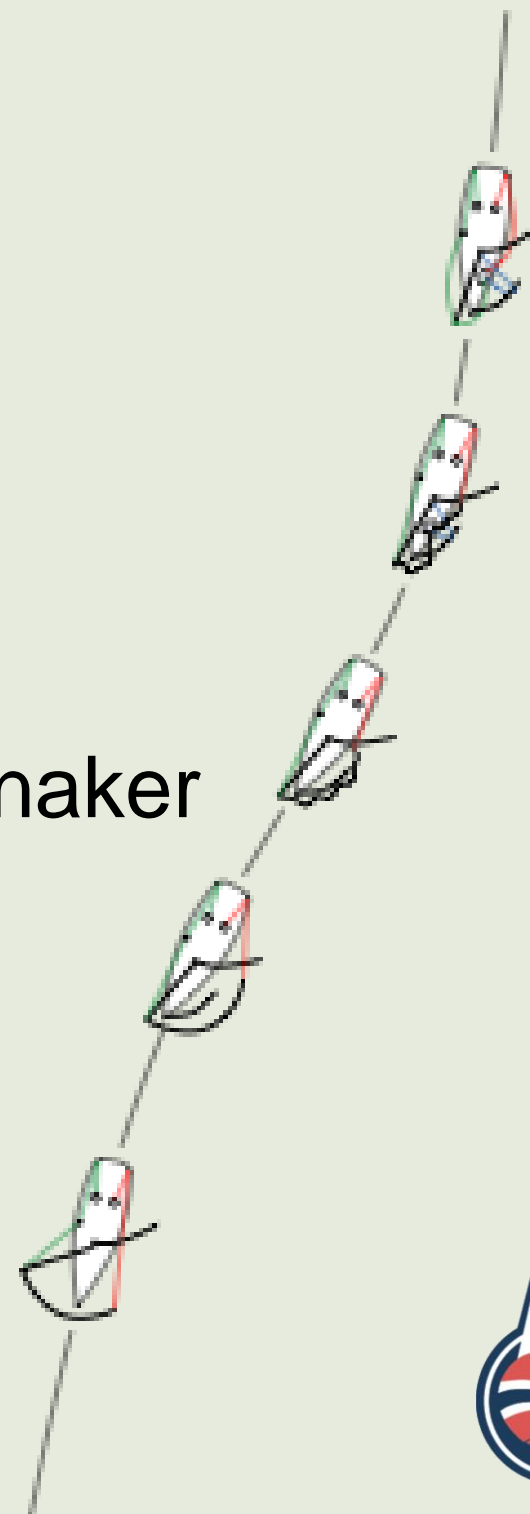
Sette gennaker



Vind



Sette spinnaker



«prøv,  
spør og  
bli bedre!»

